

Enchantress: Reference Notes

Music: *Garden Play* by Earthbeat

Choreography (2007) and notes (2010) by Autumn Ward, www.AutumnWard.com

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Section 1: Awakening

Time Code	# of measures	Music	Choreography
0:00		Drone	Start with weight L, hands covering eyes, elbows down.
0:07	1	Intro	Separate arms and show face
	1	Intro	unfold at elbow and bring arms forward

A1

0:11	4	Single female vocal and bass doumbek	Arms → R open and L forward; undulate R arm; arms → other side and shift weight to L hip; undulate L arm
	2		½ VF8D x2 on L hip; sitting hip circle around the back and transition weight to R foot
	2		½ VF8D x2 on R, sitting hip circle around the back and transition weight back to L foot
0:30	8	+drone	Continue CW sitting hip circle, turning body CW
0:50	2	+high doumbek	Weight on L foot, facing DSL: Drop R hip x4; weighted R hip D-U; undulate F; undulate F x½ and change sides
	2		On L
	2		Drop R hip x4; bouncy sit; turn US to face DSR
	2		On L

Use counterclockwise turns to travel in a circular path around the floor. Begin downstage center. Travel to USR; travel to USL; end DSC. (It may help you to think of this as a triangle.) In the turns, the feet follow a pattern of step out on the right, step back and left, step right, step together. Start with a step out to the right, then step back on the left foot to turn counterclockwise and travel upstage. Rotate a little more than 360°, so that you end facing toward the center of the stage.

	2	+playground noises	Step R, then chaineé CCW to USR; undulate pelvis forward x2 and R hand comes up underneath L arm then out from heart with inside wrist circle
	2		Repeat to USL
	2		Chaineé to DS; pull in on R then L
	2		Walk to middle of circle; plie and up; cross-pivot to face DS

Abbreviated Terms

Up Down Left Right Stage
 Back Front
 Clockwise CounterClockWise
 Figure8
 Vertical Horizontal

Stage directions

Down Stage
 Down Stage Left Down Stage Right
 Stage Left Stage Right
 Up Stage Left Up Stage Right
 Up Stage

Section 2: Propogating energy

B1

Time Code		Music	Choreography
1:27	2	Female and male vocal together	Facing SL, R arm extended toward audience, alternately roll shoulders forward x4 and undulate upper body; R: Twist and shift, twist-shift-pivot to face DS and pull in on accent
	2		Show L wrist, show R wrist, push down L, R; L: Twist and shift, twist-shift-pivot to face DSR and pull in on accent
	2		Reverse undulation x4 with amplifying R hand gesture; R: Twist and shift, twist-shift-pivot to face DS and pull in on accent
	2		Twisting VF8U; twist and shift on L x2; undulate UF and lift arms and and face DSR

Percussion only

Time Code		Choreography	Finger Cymbals
1:47	2	Step out with R foot, then circle upper body CW: backbend then forward bend	saidi doubles
	2	Bouncing on heels, F8 R-L	doubles doubles
	2	On R then L: double drop x 1½	saidi saidi
	2	Back up with undulation RLR LRL RLR; spin on L foot	doubles doubles
2:06	4	Unweighted R hip F, transition weight around the F to R foot; ball change out to L and in, VF8D, reverse pelvic undulation x2, chest	saidi doubles saidi doubles
	4	Other side	saidi doubles saidi doubles
	2	R then L, Saidi accents: backwards tuck-release; weighted hip D-U	Dt DD Dt DD
	2	Big CW hip circle; turn CW and accent R hip forward x4	doubles triples

Section 3: Transmutation

A2

Time Code		Music	Choreography
2:25	4	Single female vocal + drone + high doumbek	Slow motion full body VF8D
	4		Push into abdomen R, L; ribcage circle into undulation, ½ circle around the front transition
2:43	2	+floaty vocal	Pull out of sky
	2		Pull out of ground, keep head up until accent and then round spine
	2		Pull from DSL
	2		Pull from DSR, spin, undulations w/ down hand movements

B2

Time Code		Music	Choreography
3:02	2	+floaty vocal	Tuck x4 with plucking hands, step to USR with UB undulation
	2		Pull out of mouth
	2		Grind heel of R hand into L palm x4, wipe x2
	2		One set twisting triplet shimmy; lift arms D-U, fall to knees, whip head

Percussion only

Time Code		Music	Choreography	Finger Cymbals
3:21	2		Circle upper body CW x 1½ (F B F)	saidi doubles
	2		Swing head side to side	doubles doubles
	2		Reverse undulate torso to L, R, L	saidi saidi
	2		Swing head and get up	saidi triples
3:40	4		On R then L: undulation x2, VF8D, ½ twist-shift-in transition	doubles doubles doubles doubles
	2		On R then L: Weighted F-B, in-in	Dt DD Dt DD
	2		Facing SL reverse pelvic undulation into backbend; out of backbend shoulders x4	doubles triples
3:59	4	More ornamental drum	Back up R L R L with triplet shimmy, push pivot (R, L) to face SR and cymbal accents; same thing other side	Whack, doubles doubles, accents Whack, doubles doubles, accents
	2		step forward / DS with hagallah shimmy, push pivot to face US; weighted down hips	Whack, doubles doubles, accents
	2		Step forward/US with triplet shimmy, push pivot to face DS; cymbal clap	Whack, doubles doubles, accents
4:18	4		Twist and sink R, pull in, ummi down with wavy arms; same other side	saidi saidi saidi saidi
	2		Sit; roll up; turn to face US	saidi saidi
	2		Swing hair for 7, turn CW to face DSL	doubles triples

Breaks

Time Code		Choreography
4:38	2	Shoulder accents OR big full body accent facing DSL; breathe and float arms
	2	Turn US stepping L, R, sit with L hip DS; breathe and turn to other corner
	2	Big full body accent facing DSR; breathe and float arms
	2	Turn upstage, sit on R hip

Conclusion: The spell is released

B3

Time Code		Music	Choreography	Finger Cymbals
4:56	2	Shaking sound	Facing SL, Bob and shoulder shimmy	
	2		Add UB undulation	
	4		triplet shimmy	
5:14	1	Full percussion and floaty vocal	Spin CCW	doubles doubles
	3		Turn CW with R hip double drop x6 and with arms that come around head and push out	doubles doubles
	1		Spin CCW	doubles doubles
	3		Turn CW with reverse undulation x6 and R hand undulating out from heart	doubles doubles
5:34	1		Spin CCW	doubles doubles
	3		Turn CW and choo choo and weight shift R-L with high waving arms	doubles doubles
	2		Spin CCW; add head rolls or barrel	doubles doubles
	2+		Spin in barrel and drop	doubles doubles

Finger Cymbals

Doum (D) and tek (t) are conventionally played on the right hand; ka (k) is played on the left. “-” represents a rest: no sound is played.

Doubles

Tek-ka-tek-ka-tek-ka-tek...

tk	tk	tk	tk	tk	tk	tk	tk
1&	2&	3&	4&	5&	6&	7&	8&
RL	RL	RL	RL	RL	RL	RL	RL

Triplets

Tek-ka-tek tek-ka-tek...

tkt	tkt	tkt	tkt	tkt	tkt	tkt	tkt
&a1	&a2	&a3	&a4	&a5	&a6	&a7	&a8
RLR	RLR	RLR	RLR	RLR	RLR	RLR	RLR

Basic Saidi

Doum-tek Doum Doum

D	t		D	D		t	
1	2	-	4	5	-	-	-
R	L	-	R	R	-	-	-

Filled-in Saidi

Tek-ka-Doum tek tek-ka-Doum Doum tek-ka-tek

tkD	t	tkD	D	D	tk	t	
&a1	2	3&	4	5	6&	7	-
RLR	R	RL	R	R	RL	R	